

www.sgra-isleworth.org
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December 2015

Did You Know?

Did you know that Robert Louis Stevenson spent the autumn term of 1863 at a school in Isleworth? While his parents were in the south France, for his mother's health, he attended Burlington Lodge Academy, a boarding school that was located on the site where Copper Beeches now stands. Have a look at the SGRA website for an extract from the 1894 Ordinance Survey map. This shows Burlington House on Witham Road.

Local Policing

In response to the recent tragic attacks in Paris and further information which is coming to light in the media the police want to take the opportunity to reassure you that everything is being done to protect life and public safety.

At this time it is of great importance that people contact the police with any information that could be used to prevent further incidents.

You can contact the Anti-Terrorist Hotline on 0800 789 321 or report incidents on 101 (the non-emergency number). If it is urgent call 999.

Your local teams, officers and PCSO's will be out and about as normal. They will welcome members of the community approaching them and will do their best to help reassure you.

Please be vigilant through this difficult time.

Your Local Pharmacist

Cold and wintry conditions can cause misery. The cold air can make it more difficult to breathe, and minor ailments like sore throats, bad coughs, colds and flu are more common during the winter months.

If you're over 60 and feeling under the weather, tell your friends, family or carer as soon as possible, and get advice from your local pharmacist before it gets worse. Get help, stay healthy. When you're a bit older, minor winter ailments can become more serious and could lead to you being admitted to hospital for treatment. Getting advice when you start to feel unwell can help you avoid becoming seriously ill.

It's not easy for everyone to ask for help. Seeing someone like a pharmacist with minor ailments such as colds and sore throats can feel like you're wasting their time, but you're not – they want to help!

The quicker you get help, the quicker you'll recover and be able to get your life back to normal.

Friends, family and carers

You're not alone. Ask your friends, family and carer for help. Tell them if you're feeling under the weather. They may not be able to offer health advice but they can help you get it.

Your local pharmacist

More and more people are visiting their local pharmacist to get help. They are a highly trained and trusted source of health advice.

You should visit one as soon as you start to feel unwell. It's what pharmacists are there for.

Your local pharmacist can:

- Give you expert advice to help prevent conditions such as a bad cough, trouble breathing, cold, or a sore throat from getting worse
 - Help you manage a long term condition, if you have one
 - Offer longer opening hours than your GP surgery and see you without an appointment
 - Provide a consultation area to speak privately so other people can't hear
 - Tell you if you need to see your GP.
- If you can't make it to the pharmacist for advice, ask your friends, family or carer to pop in for you.



Season's Greetings From SGRA

The committee wishes everyone
A Healthy, Happy and Safe festive season

Thank you to all our members that send their comments and appreciation for the newsletter, and to our volunteers that deliver it to your home.



Hounslow Central

Applications

None

Decisions

27 The Drive (00367/27/PA2)

Ground floor rear extension 6 metres deep, maximum height of 3.4 metres, 2.5 metres high to the eaves.

PRIOR APPROVAL NOT REQUIRED 12/11/2015

80 The Drive

Certificate of lawfulness for the erection of a rear roof extension incorporating hip to gable conversion, Juliette balcony and two front roof windows to the house.

GRANTED (FULL PLANNING PERMISSION NOT REQUIRED) 05/11/2015

91 The Drive

Ground floor rear extension 6 metres deep, maximum height of 4 metres, 3 metres high to the eaves.

PRIOR APPROVAL NOT REQUIRED 19/10/2015

116 The Drive

Erection of an outbuilding in rear garden for use as Granny annexe.

REFUSED 19/10/2015

Osterley & Spring Grove

Applications

16 Spencer Road

Ground floor rear extension 6 metres deep, maximum height of 2.65 metres, 2.65 metres high to the eaves.

53 Burlington Road

Erection of a single storey side and rear extension to existing house.

Decisions

1 Burlington Road

Erection of a two storey side infill extension to the house.
WITHDRAWN 29/10/2015

61 Burlington Road

Erection of a single storey rear extension, a first floor side extension and a rear roof extension with hip to gable conversion and two roof windows to front elevation.

REFUSED 02/11/2015



If you like pub quizzes, you're really spoiled for choice in Chiswick. The George IV has theirs on Monday night. The Pilot, the Bollo and the Crown and Anchor all have them on Tuesdays. The Lamb and the City Barge hold theirs on Wednesdays and the Duke of Sussex holds theirs on Sundays. All at 8.00pm, all for a minimal joining fee, with a variety of prizes but all with the ultimate satisfaction that if you win you rejoice in the title of chief know it all.

This information is extracted from the newsletter of Chiswick Calendar. This subscription service is free to join and gives you discounts on certain restaurants and other businesses in the Chiswick area. New subscribers can sign up at: www.thechiswickcalendar.co.uk

Cultivate London

Is an innovative urban farm and social enterprise based across multiple derelict sites in West London. Its aim is to train unemployed young people in landscaping, horticulture, and produce a range of edible and ornamental plants for sale.



In recognition of their efforts they:

Were named the 2012 Observer Food Monthly's "Producer of the Year"

Received the 2013 Hounslow Business Award for "Best Business for Apprenticeships and Employment for Young People", and recently "Highly Commended" in the same category at the 2014 London Business Awards.

Were runners up in the "Best Food Enterprise" category at London's inaugural Urban Food Awards (2014)

Have been featured in a number of local and national papers including the Metro and the Sunday Telegraph.

Cultivate London has three main objectives:

- To generate training opportunities and jobs for unemployed young people aged 16-24 in practical horticulture and landscaping
- To convert derelict and vacant land across London into productive food growing space
- To increase the amount of local and organically grown produce consumed by Londoners

Cultivate London was started in 2010 by Charity Housing Pathways Trust, who continue to support them. If you're interested in finding out more about what they do and how they do it, please get in touch. Call on 0208 992 4941 or write to The Compound, Park Road East, South Acton, London, W3 8TY. www.cultivatelondon.org/