

February/March 2011

SAFER NEIGHBOURHOOD TEAMS

Metropolitan Police Crime Mapping

To see the rate of crime, crime types and the total notifiable offences for your street look at <http://maps.met.police.uk/> and www.police.uk and search on your postcode.

Chain your front door against tricksters

Tricksters are knocking on residents' doors requesting money to see sick relatives in hospital or for someone to take them there. Please use a chain on your front door even in the daytime, especially if you live on your own. Please do not hand over any money. Note the date and time and description of any unusual callers and contact the appropriate numbers below.

The team at Hounslow Central are: Sgt Alan Murphy, PC Ian Cromey-Hawke, PCSO Natasha Eley, PCSO Samuel Moore, PCSO Richard Kendall

HounslowCentral.snt@met.police.uk 020 8721 2530
www.met.police.uk/saferneighbourhoods

The team at Osterley and Spring Grove are: Sgt Peter Donelan, PC Cliff Davies, PC Patrick Watters, PCSO Thomas Coppock, PCSO Hilane Whittaker, PCSO Shemica Barnes
Osterley.SpringGrove.snt@met.police.uk 020 7161 9004 or **07818 691640**.

Please report suspicious callers or offences new or old to police. **To contact Police in non-emergency situations or report a crime contact 0300 123 1212. In an emergency always dial 999.**

WANTED – COULD YOU HELP WRITE LOCAL NEWS ARTICLES FOR THE SGRA NEWSLETTER?

Our Newsletter compiler and publisher, Lynn Alford-Burow is shortly leaving us and moving from the Spring Grove area. So we have a big gap to fill. If anyone is interested in Spring Grove events and could help with putting together our newsletter, or help with the print production, or would be interested in becoming a committee member please contact **Danny Rybowski 020 8560 2918** danny.sgra@btinternet.com or any of the committee to find out what is involved.

WANTED – VOLUNTEER TO TAKE MINUTES OF SGRA MEETINGS

If you have a couple of hours to spare on just one evening a month, the SGRA committee need someone to sit in on our friendly, always interesting meetings which are often joined by our local police.

Until we can appoint an Association Secretary, we need someone to jot down by hand rough notes of what we discuss. The agenda is always planned ahead and printed out and someone else will type up the minutes afterwards. Please contact **Danny Rybowski 020 8560 2918** danny.sgra@btinternet.com or any of the committee to find out what is involved.

WEST LONDON WASTE PLAN

The consultation period for the West London Waste Plan Proposed Sites and Policies Document has now commenced. It will run from 9th February to 25th March 2011.

Six west London Boroughs (Brent, Ealing, Harrow, Hillingdon, Hounslow and Richmond upon Thames) have joined together to plan for their future waste. The West London Waste Plan (WLWP) will plan for all waste in the plan area up to 2026. It will identify sufficient sites to deal with this waste. The Plan will also contain policy to support site development and awareness of sustainable waste management. It will give priority to waste reduction, recycling and composting. However, it will still need to plan for disposal of waste in other ways. The Proposed Sites and Policies Document is available at www.wlwp.net and all borough libraries and main council offices. It puts forward potential new sites for waste recycling and processing in west London. It also includes policies for controlling their impact on the environment and local communities.

You can have your say on the document by coming along to a drop-in session **Tuesday 1st March 2011, 1pm-8pm**, Civic Centre, Lampton Road, Hounslow, TW3 4DN.

For questions about the consultation process contact CAG Consultants, West London Waste Plan Consultation, Gordon House, 6 Lissenden Gardens, London, NW5 1LX. Tel Rachel Crozier: **0117 377 1137** 9.00am-7.00pm email: consultation@wlwp.net

For suggestions on what you can do to reduce waste at home or at work see www.wasteonline.org.uk and www.recyclenow.com

COULD YOU DELIVER THE NEWS?

Would any of our members deliver our SGRA monthly newsletters to Worton Gardens members? If you could help please contact **Danny Rybowski 020 8560 2918** danny.sgra@btinternet.com or any of the committee to find out what is involved.

LOVING HOME WANTED FOR SNOWY

Could anyone offer a loving home to a very friendly 5 year old all-white shorthaired female cat? Another cat in the household constantly bullies her so she's currently kept separate. Due to a house move it might be kinder to rehome her. She's happy with other cats and loves going out in the garden. Can you help?

Responsible homes also needed for other animal charity cats. For more details please contact **Lynn Alford-Burow 49 Worton Gardens 020 8568 4797**.



MANY HERBS WILL SOON BE ILLEGAL! PLEASE HELP TO FIGHT THE IMMINENT EU BAN ON HERBAL SUPPLEMENTS, MEDICINAL HERBS, FOODS AND NUTRIENTS

European Union laws are set to begin banning your most useful and therapeutic or cutting-edge nutrients, herbs, food supplements containing medicinal herbs, foods and other natural health products used by many thousands of people across Europe to help maintain their health. Also, the ability of any health practitioner to inform their clients about natural health products will be severely restricted. The more useful and helpful the herbs are, the more likely they are to eventually become illegal!

On 30 April 2011 a European Directive, known as the Traditional Herbal Medicinal Products Directive comes fully into force. After this time, only herbal medicines that have been registered under the scheme will be available EU-wide.

For a wide range of herbal products, especially those from non-European traditions such as Ayurveda and traditional Chinese medicine, the requirements of the scheme are either impossible to meet or are prohibitively expensive. In many cases, both constraints apply so the result is that virtually no herbal medicines from these traditions have been registered. These products will effectively be banned after April 2011.

The Alliance for Natural Health (ANH) urgently needs help to challenge the EU Directive based on the fact that it is disproportionate, non-transparent and discriminatory. They need to raise £90,000 to fund legal costs for the first stage of their challenge, which will be a judicial review in the UK High Court. They then aim to have the case expedited to the European Court of Justice, which will require further funding.

If you use herbs, please donate generously to enable ANH to fund this greatly needed legal action!!!
www.anh-europe.org info@anhinternational.org
01306 646 600 Alliance for Natural Health International,
The Atrium, Curtis Road, Dorking, Surrey RH4 1XA
More information and leaflets from Lynn Alford-Burow
Cinnamon Health, 49 Worton Gardens 020 8568 4797
lynn@cinnamon.co.uk

AGM DATE FOR YOUR DIARY

The SGRA Annual General Meeting will be held on **Thursday 14th April 2011**.
7.30 for 7.45pm, at St Vincent de Paul's Church Hall, Witham Road.

All residents are invited to join us and enjoy some wine and cheese and socialise at the end of the meeting. Nominations for the posts of Chairman, Vice-Chairman, Secretary, Treasurer and Committee member may be made by SGRA members and should be received by the Chairman, acting as Secretary, seven days prior to the Meeting. Full details next month with a nomination form.

CF LIGHT BULBS A SERIOUS HEALTH HAZARD TO WOMEN AND CHILDREN DUE TO MERCURY CONTENT

If broken indoors, compact fluorescent (CF) light bulbs release 20 times the maximum acceptable mercury concentration into the air, according to a study conducted by researchers from the Fraunhofer Wilhelm Klauwitz Institute for German's Federal Environment Agency. CF bulbs use only 20 percent as much energy as traditional incandescent bulbs and have become highly popular among consumers seeking to reduce both their energy bills and their climate footprints. The European Union has already begun to implement a phase out of incandescent bulbs.

Unlike incandescent bulbs, halogen bulbs or LED bulbs, however, CF bulbs are made with mercury, a potent neurotoxin that is especially dangerous to children and pregnant women. For the new study, the researchers tested a worst case scenario for two different CF bulbs that lacked a protective casing. Both bulbs were broken indoors when hot. One bulb contained 2 milligrams of mercury, while the other contained 5 milligrams. When broken, the bulbs released roughly 7 micrograms of mercury into the air, 20 times the British government's recommended maximum exposure of 0.35 micrograms. Mercury levels remained elevated at floor levels for up to five hours after breakage. **There is no safe level of exposure to mercury.**

"The presence of mercury is the downside to energy-saving lamps," said Federal Environment Agency president Jochen Flasbarth. "We need a lamp technology that can prevent mercury pollution soon. The positive and necessary energy savings of up to 80 per cent as compared with light bulbs must go hand in hand with a safe product that poses no risks to health." If a CF bulb breaks, the U.S. Environmental Protection Agency recommends that you shut off all central air or heating and then ventilate and evacuate the room for 10 minutes. The bulb should then be cleaned up, such as with a damp cloth, and placed into a sealable container. The debris should be placed outside until it can be taken to a hazardous waste disposal facility. **All CF bulbs should be disposed of as hazardous waste, never in household trash.**

Sources: <http://www.dailymail.co.uk/health/article-1340938/Eco-bulbs-health-hazard-babies-pregnant-women-mercury-inside.html> (Dec 2010)
http://www.naturalnews.com/031276_fluorescent_light_bulbs_mercury.html (NaturalNews)

PLANNING MATTERS AS AT 13th FEBRUARY 2011 HOUNSLOW CENTRAL

Applications

3 The Drive

Erection of a single storey part extension.

Decisions

None

OSTERLEY & SPRING GROVE

Applications

None

Decisions

41 Eversley Crescent

Erection of a mansard roof extension in place of existing monopitch roof on existing rear extension to the house.
Full Planning Permission Refused 27/01/2011